



Waltham Toll Bar's

PARENTAL SAFEGUARDING NEWSLETTER 2024



FOCUS STAYING SAFE IN SUMMER

Covered on Page 3

Exam stress

We understand that currently Year 11 and 13 are undertaking their summer exams. There is excellent support for students struggling with stress or anxiety at www.youngminds.org.uk or www.mind.org.uk

Remember the importance of remaining active and healthy during exams and taking breaks to maximise revision effectiveness.

Collecting students from school

On the next page you'll see the arrangements for collecting students during the school day.




To assist with this, please can you ensure the names and contact numbers of EVERYONE you want to be able to collect your child are provided to the school with accurate contact information.

Anti-social behaviour

Humberside Police have passed on that there has been a rise in anti-social behaviour around the Waltham area. They have asked for support from parents keeping a watch on where students are on an evening and reporting any concerns to 101.









Sending pupils home in the school day

What we ask students to do...

Unwell in the school day 	Have been suspended. 	Appointment in the school day. 
<ul style="list-style-type: none"> If a student feels unwell, they must let their teacher know. A student must also tell the teacher if their symptoms get worse. Feeling unwell doesn't have to be physical illness – if a student is worried or anxious which is making them feel unwell – a student must speak to a teacher or other trusted adult in school, ask for help; we will always help. Attend the medical centre when asked to do so. 	<ul style="list-style-type: none"> Ensure you have written an account of what happened before you are collected. Wait with a member of senior staff/HOY/inclusion until it is time to be collected. Attend student services when the person collecting you arrives. 	<ul style="list-style-type: none"> Remind form tutor on the day of the appointment. Ask teacher to check register to ensure they know you have an appointment. Attend student services at the collection time for your appointment and await collection.

What we ask parents to do...

Please do ensure that the nominated emergency contacts have for your child are up to date and feature people who have your trust to collect and supervise your child if they become unwell at school. You can update the emergency contact for your child by email- enquiries@tollbaracademy.co.uk or Tel: 01472 500 505.

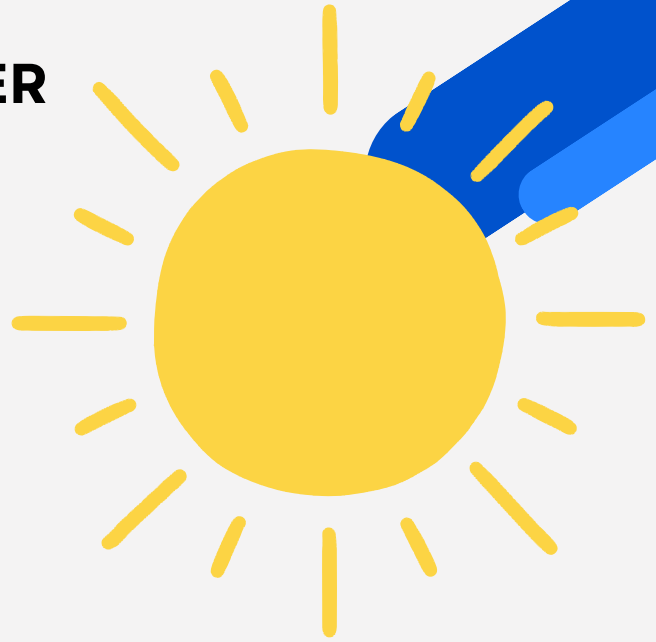
Child is unwell in school 	Child suspended. 	Appointment in the school day. 
<p>If we contact you because your child is unwell, collect your child or make arrangements for a nominated emergency contact to help. Ensure your child is supervised by yourself/trusted adult when they are sent home.</p> <p>The school will not send a pupil home on their own if they are unwell – even if a parent asks us to do so. We have a duty of care as a school.</p> <p style="text-align: center;"></p>	<p>Collect your child or make arrangements for a nominated emergency contact to help.</p> <p>The school will not send a pupil home on their own if they are unwell – even if a parent asks us to do so. We have a duty of care as a school.</p> <p style="text-align: center;"></p>	<p>Inform us in advance by email enquiries@tollbaracademy.co.uk or Tel: 01472 500 505 Press Option 1 attendance line to inform us of an essential appointment. <i>Please tell us your child's name, form, time, date, venue of and reason for the appointment (e.g., Doctors/Hospital), collection time and who is collecting your child.</i></p> <p>The school will not send a pupil home on their own if they are unwell – even if a parent asks us to do so. We have a duty of care as a school.</p> <p style="text-align: center;"></p>
<p>Go to reception on arrival. Reception will check ID and direct you to the medical gate to collect your child. Medical team staff will escort the student to the gate.</p> <p style="text-align: center;"></p>	<p>Go to reception on arrival. Reception will check ID and direct you to the student services gate to collect your child. Student services staff will escort the student to the gate.</p> <p style="text-align: center;"></p>	<p>Collect your child or make arrangements for a nominated emergency contact to collect your child, to take them to and from the appointment. Go to reception on arrival. Reception will check ID and direct you to the student services gate to collect your child. Student services staff will escort the student to the gate.</p>
<p>Contact us if your child is too unwell to attend school the next day or if you are updating us on an emergency situation involving your child via enquiries@tollbaracademy.co.uk or Tel: 01472 500 505 Press Option 1 attendance line.</p> <p>If you have any doubts about your child's fitness to attend school, general advice for parents can be found here is my child too ill for school? - NHS (www.nhs.uk)</p>	<p>Attend the reintegration meeting following the suspension with your child.</p>	<p>Upon return from an appointment in the school day, the student is to attend reception to sign back in school.</p>

Bikes: If a student came to school on a bike, it can be collected with the help of Custodians from the bike sheds when a student is collected, or arrangements can be made for it to be stored safely at the Academy until it can be transported home.

STAYING SAFE IN SUMMER

Over summer there is always a rise in risky behaviours amongst young people. It is important for parents and young people to remember the following guidance.

- Lakes, reservoirs and rivers should NOT be entered in any circumstances. They often have steep banks and cold, deep water which can lead to drowning.
- Trespassing onto the property of other people is a crime and can lead to prosecution or a criminal record for young people.
- Railway lines or other forms of transportation should not be crossed unless at specified crossing points.
- Always make sure parents know where children are to help keep them safe.



Online safety and influencers

Over the past years there has been a rise in an 'Influencer Culture' for young people.

This can be harmless and positive but has also been proven to have a negative effect on the mental health of young people or lead to risky behaviours.

Influencer lifestyles are unrealistic and can promote dangerous behaviours such as unhealthy relationships. Some famous are well known but there are others being discovered by students each day.

There is nothing wrong with young people exploring the world online but it is important they know this world is not the norm for most people.

This is covered extensively in CPSHE lessons but it is encouraged that parents speak to their children about these issues at home as well. Just talking about the content your child is accessing online is thought to have a positive impact on how they interact with this material.

Likewise, it is important young people know the dangers of communicating to strangers online. It is believed over 50% of students have spoken to a complete stranger on the internet, mostly through online gaming platforms.

These platforms often do not limit who can access them leading to young people being targeted. It is recommended that parents monitor access to online games and communications to help minimise the risk to young people.

Don't be a bystander

This year the school has been focussing on the idea of young people supporting each other and not allowing unkindness to take place. We have promoted the concept of 'not being a bystander' to support young people to tackle issues of bullying or unkindness.

The school has also developed an anonymous online reporting tool for bullying which students can access at

walthamtollbaracademy.co.uk/we-tackle-bullying

